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The rich must live more simple so that the poor may simply live

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-Mahatma Gandhi

"You may never know what results come of your action, but if you do nothing there will be no result"-Mahatma Gandhi

A fine line by Warren Buffett (My idol)-"Someone is sitting in the shade today because someone planted a tree a long time ago." Let us be the "shade" to many of our fellow beings in the society. For that, let us start planting the trees. India is country where, every year countless lives are lost, due to many reasons; but the most challenging one is not getting medical services/treatment on time and also due to financial hardships.

With CIMS foundation, we have taken our first step towards helping such people & their family who are in need and are less fortunate. I wish you to come and join me for such a cause which not only supports lives, but makes them live with a smile.

I and many of my colleagues have contributed large amounts towards this cause and will continue to do so, side by side along with all of you. I have a mission to apply my best efforts and energy to improve the lives of many less fortunate patients who are admitted to CIMS Hospital and who are not as lucky as many of us are, disregarding of their gender, religion, social status and geography. Let us stand apart from crowd, and dedicate a part of life (to such people and patients who are not known to us but still a part of humanity) by donating to CIMS Foundation. Your support in this regards will be highly solicited and I personally promise to help such people, by providing the best medical aid to the financially deprived. I assure you that your support and our best efforts will not be

wasted.

Redards

Keyur Parikh Chairman – CIMS Foundation

Chairman's Message





Treated many newborns and paediatric patients, and continue to do so...

was 15 days old only. My father was a rickshaw driver. I was diagnosed with PDA (Patent Ductus Arteriosus)*

It was do or die....mostly die only... My father and mother were anyway near death with grief and helplessness.

gave me... a new life. And for my parents... newer dreams

*abnormal blood flow between the 2 major blood vessels that carry blood from the heart to the lungs and to the rest of the body.

CIMS FOUNDATION



Commenced just 5 years ago, with contributions by Founding Members and Trustees, the Foundation has been born of a dream. To Make A Difference. To Care. To Give Life.

CIMS FOUNDATION



Treated so many cancer patients, and yet so many waiting...

10.00

was 26 years only. I am a tailor. I was diagnosed with Cancer. I could not work anymore. And my wife was doing a job to just fill our stomachs. The treatment seemed a distant dream beyond our reach.

> **CIMS FOUNDATION** Gave me a new life & my wife and I dreamt of a new beginning.



per 2015 data from the United Nations Development Programme, an estimated 21% of Indians live below the country's national poverty line.

So, don't they deserve a chance? Don't they deserve to live?



Treated so many trauma/accident patients, and the rate rising...

met with a major accident and injured my lower back and lower limb.

My husband earned bare minimum to feed us. We did not even have our own house to live in. We could not have gone further for any treatment. All seemed dark and hopeless

> CIMS FOUNDATION Gave me a new life, & my family a new hope.



CIMS FOUNDATION

The smallest of your contribution will make the biggest of difference...

To a Life. To a Family. To Faith. To Survival. To Happiness.



┌ Crossing Boundaries -





Focus of Philanthropy & Community (Corporate) Social Responsibility

The following are the guidelines and focus areas to be followed by the Foundation and its Trustees for disbursements of the Foundation Funds:

- 1. To support all medical patients socially, emotionally and financially
- clean drinking water, psychosocial counselling.
- bills
- medical treatment/care due to financial constraints
- regularly every month.
- 6. Distribution of Health Care Educational Magazines for clinicians and public at large
- Continual Medical Education programs for different specialties.
- primary prevention
- areas
- and/or life threatening diseases
- of Ahmedabad and vicinity
- paramedics and other medical staff in the rural areas

2. To provide immediate and direct physical support such as medical care, food, clothing,

3. To pay the partial bills of people who are in the hospital and are unable to pay their hospital

4. To assist people who are not admitted in the hospital and cannot complete their

5. Cardiac Pulmonary Resuscitation (CPR) educative sessions for general mass conducted

8. Free assessment and counselling of 10 year risk of heart attack for general population for

9. To establish regular camps for providing medical assistance at doorsteps in the rural

10. To promote the welfare of children in need, including children with physical disabilities

11. To collaborate with other NGOs of good reputation for combined community development 12. To educate parents and teachers for inspiring children to reach their highest potential. Develop a Healthy Heart Program for hundreds of schools within the city

13. Undertaking health awareness program for prevention and control of disease in the community and also hold training workshops to enhance capacity building of

14. Children's Programs :

The fund has a mission to create a better world for children. Child health care requires much more than excellence in clinical care alone. For this purpose, a multicentre paediatric care facility will be dedicated to providing the best paediatric clinical care, research and education to children and families. The following programs are to be conducted for the mission of creating better world for children:

- Children's Congenital Heart Disease program
- Education Grants
- Online Learning, Educational Materials, Awareness programs
- Injury Prevention Program
- Comprehensive Child Health
- Children rehabilitation services
- 15. To work for Prevention and Early Detection of any illness i.e.
 - To promote awareness about diseases and its curability
 - Make people aware about basic symptoms of various diseases like heart attack, stroke, hypertension, nervous breakdown, etc.
 - To advocate that early detection helps a great deal in curing of disease
 - To help people in giving up bad habits which causes many diseases such as tobacco and alcohol
 - To arrange preliminary free check-up camps in which medical experts will also explain about diseases and its prevention
 - To publish informative material for diseased patients
- 16. To create a pool of well trained and highly ethical assistant doctors, nurses, pharmacists and other allied health care workers
- 17. Partnering with national and international patient organizations that educate, support and advocate on behalf of patients and their families to improve the lives of people in India with chronic diseases
- 18. To carry out research in the field of medical sciences

19. Other Supportive Care

- benefit of patient
- and for such a period which the Trustees may think fit
- may consider desirable

• Provide counselling and support on care training of all patients and family members. Promoting network for social workers, doctors, experts and volunteers for the

20. Grant of subscriptions and donations to deserving Private and Public Institutions for administering medical relief to the needy people, upon such terms and conditions

21. Grants of medical help to the poor and deserving people during epidemic, famine, flood, earthquake or any unforeseen calamity or war or warlike operations without prejudice in the way of pecuniary payments or the supply of provisions/food or clothing or supply/distribution of medical relief or in any manner which the Trustees



Focus of Philanthropy & Community (Corporate) Social Responsibility – **CIMS CANCER**

"CIMS Foundation" at CIMS Cancer aims to provide a totally holistic support to patients afflicted with cancer; be it financial, social, psychological or emotional support. In India, most of the people suffering from cancer do not have an insurance coverage. Patients mostly pay out of pocket for the treatment. So, the treatment cost becomes prohibitive and out of reach for many.

We extend our support, after analyzing the situation and need of the patient, without hurting their self-esteem. We also prioritize patient treatment vis-a-vis survival ratio, for those not able to afford the expensive treatment. There are multiple ways by which you can join us in the fight against cancer.

You may choose to contribute, from the following sections:

- 1. Financial Support
- cycle or all cycles.
- ii. Radiotherapy sessions
- iii. Cancer Surgery
- iv. Advanced diagnostics like PET Scan
- Medication & treatment costs for chronic stage diseases V.
- 2. Cancer Awareness

It is a proven fact that if we increase early presentation and diagnosis of cancer, more lives will be saved. To increase such public awareness, the Foundation will undertake the following activities:

- Organize rallies
- Cancer detection camps
- Distribute brochures & pamphlets
- iv. Organize booths/stalls
- Develop tobacco control policy and advocacy V.
- 3. prognosis.
- Organize fun activities for cancer afflicted children 4.
- Toy Bank for Cancer afflicted Children 5.

Cancer drugs to needy patients – You may contribute to pay for a single chemotherapy

Emotional Support: We endeavor to provide an emotional support service, not only to the patient but also to their care-givers by establishing clinics to provide counselling to patients and family members. Also, hospital volunteers & counsellors share, discuss and distribute printed material on relevant cancer, its treatment modalities, expected side effects and



- 6. Travel and housing assistance:
 - Provide long-distance travel to cancer patients & families in need of travel
 - Provide lodging to patients & their families, who are receiving medical treatment away from home
- 7. Mastectomy prosthesis for women treated for breast cancer. This psychologically aids the patient to restore her self-esteem & physically restore her self-image.
- 8. Wellness & Palliative Care Suite: Develop palliative care services that relieves stress of serious illness and improves quality of life for patients, enhances endurance and flexibility & offers them a safe and supportive environment to participate in physical and social activities focused on strengthening the person as a whole. By offering complementary therapy support, help patients to acquire fitness after treatment so that they are ready to join the mainstream of life.
- 9. Develop Infrastructure: Procurement of latest developed technologies in cancer care is not only expensive, but it may sometimes be a challenge in today's climate of declining reimbursements. You may contribute to bring home such cutting edge technologies to provide the best possible options to cancer patients.
- 10. Facilitate collection of grants for children whose parent or guardian is struggling with cancer. Your contributions will support the children's extracurricular activities so that they may feel some sense of normalcy as their parent focuses on treatment and recovery.

Areez Khambatta Benevolent Trust –

Areez Khambatta Benevolent Trust is committed to foster sustainable development and strengthen the nation from its roots. Through various initiatives, the Trust is actively involved in domains like health, educational, women empowerment and social up-liftment of the needy people in the country. The Trust has a mandate to make health care affordable to the needy and deserving and believes it to be best done in partnership with NGO/Private Hospitals.

CIMS Cancer is proud to be associated with Areez Khambatta Benevolent Trust to establish CIMS KHAMBATTA LINAC CENTRE-an initiative to provide subsidized cancer radiations treatment to all needy patients



Community & Foundation Relations

Community Relations

Supporting CIMS Hospital and CIMS Foundation gives you the distinct opportunity to connect with some of the best minds and most exciting initiatives in medicine today. There are a number of ways the corporate community can become involved, including:

- Making an outright donation
- members of nurses and / or other needy caregivers.

Your help will generate resources for our continued advancements in patient care, research and education. Contact us to learn how we can customize your involvement to fit the unique interests of your company.

Reeta Keyur Parikh Charitable Trust

Our help is targeted mainly to orphans, especially girls, windows, and people affected by natural calamities. Reeta Keyur Parikh Charitable Trust through designated charitable institutions treats poor patients free of cost and also at times pay for their hospital expenses.

The charities are chosen carefully in consultation with social workers, friends and relatives so that the donated amount reaches the right people.

Establishing a scholarship for educating nurses/aspiring doctors who are the backbone of care provision for patients. This scholarship could also be used for educating family

Palash Patel-Foundation

The Foundation has partnered with CIMS Foundation to provide swift transport to trauma victims and also provide financial aid whenever needed.

How to give?_

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Outright Gift : You can make an outright gift by transferring liquid assets directly to CIMS Foundation through cheque or bank transfers. With each gift, you will receive an acknowledgment letter detailing the amount donated and the amount of your charitable income tax deduction, which you should keep for tax purposes.



Multi-year Pledge : A multi-year pledge is recurring support which will be given by you, year after year. For example, a ` 10,00,000 pledge would be paid in instalments of 2,00,000 a year for a period of five years. However, we can offer the flexibility of paying it off in a variety of different ways. We can work with you to create a schedule that best suits your needs.



Bequests : After you have provided for your family and loved ones, a bequest in your will would enable you to make a gift to support your favorite medical area or program at CIMS Hospital. An example of language that you can use is "I give and bequeath to CIMS Foundation, Ahmedabad the sum of

_%) to support _

(insert name of program or project)."

Any donation is highly valued and CIMS Foundation will honour the donor(s) by highlighting their names on plaques in CIMS Foundation Gallery

Designated Donation-

CIMS Foundation offers designated donations to our supporters who wish to contribute any amount of Rs. One Lakh or above. A designated donation is one decided by the donor at the time of the donation.

Donors may have an express wish to designate their contribution to a specified purpose, specific disease, group of people (children, girls, senior citizens, cancer patients, paediatrics, etc.,) or even an individual—e.g., a friend, a relative or an unknown person from his community, or anyone who is a less affording patient (the patient should fulfil the criteria of under privileged as per CIMS Foundation screening process).

The areas/Departments where the donation can be specified are :

- CIMS Hospital (All patients)
- CIMS KIDS (Gifts for neonates and children upto 12 years)
- CIMS Trauma (For trauma patients in need of urgent medical attention)
- CIMS Geriatrics (For above 60 years of age)
- CIMS Women
- CIMS Cancer
- CIMS Heart
- CIMS Renal/Kidneys
- CIMS Neuro
- Others (Donor can specify)

CIMS Foundation also offers Designated Donation option to donors whereby:

- designated patient should be eligible based upon CIMS Foundation criterion.
- Β. be eligible based on CIMS Foundation criterion.

The donor may contribute the sum of Rs. One lakh or above (in case of larger donation) towards the permanent corpus fund of which the annual interest earned will be used for the designated purpose. The designated patient's name(s) and cause can be given annually. The

The donor may specify a part of the total contribution (Rs. One Lakh or above) towards permanent corpus (interest earned will be used for designated purpose) and the rest of the amount to be entirely used towards the designated purpose during the financial year. The designated patient's name(s) and cause can be given annually. The designated patient should

Outright Gift	Multi-year pledge for upto 5 years	Multi-month pledge Monthly for 1 year	Others
□ Cheque □ RTGS/NEFT	☐ In Thousands ☐ In Lakhs	 In Thousands In Lakhs 	
₹ Rup	ees in Words		
Name			
Name Address	City/Sta	te/Pincode	
	City/Sta Date of		
Address			

CIMS Fo
CIMS Foundation (Regd. No. E19607) is a regist limits prescribes therein and certified that don deduction u/s. 80G (5) of the Income Tax Act, s
All your donations will be accepted through Cheque Cash
You can send your donation by cheque/DD in fave Ahmedabad or transfer direct to our bank accoun Name : IDBI Bank
A/C. No. : 0067102000026798
IFSCode : IBKL0000067 Branch : Bodakdev, Ahmedabad
Name : YES Bank A/C. No. : 065094600000330 IFS Code : YESB0000650 Branch : Science city road, Sola, Ahmedaba
For further information, send us an e-mail a donate@cimscare.org info@cimscare.org or call any of the following : Mr. Jagdishbhai Shah (M) +91-98795 91335 Dr. Keyur Parikh (M) +91-98250 26999 CIMS Foundation (M) + 91-90990 26559

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istered trust under Income Tax Act 1961, subject to the phation made to the trust/institution shall qualify for subject to the limits prescribed therein.



vour of "CIMS Foundation" payable at unt,

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Contributor List
Areez Khambatta Benevolent Trust
Reeta Keyur Parikh Trust & Keyur Parikh Family
Mr. Sanjay Patel & Family / Palash Patel Foundation
Mr. Vikram Shah
Dr. Milan Chag
Dr. Urmil Shah
Dr. Dhiren Shah
Dr. Hemang Baxi
Mr. Kirtikant Nanavati
Mrs. Pravina Thakkar (Mr. L. G. Thakkar)
Mr. B. M Rajpal
Dr. Urmish Chudgar & Family (Intas Pharmaceuticals Ltd.)
Mrs. Kokila Jagdishbhai Shah
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Mrs. Naliniben Harshadbhai Pathak
Mrs. Varshaben Bharatbhai Shah (Vijaysinh Chimanbhai Charity Trust)
Mr. Ashok Shah
Mr. Viren M. Doshi
Mr. Amit Chitaliya
Total Contribution Received : `48 Million & Growing